*Scope and Sequence – FACS Grade 5*

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| Unit Title& Timeframe | Unit Topics & Goals  |
| Unit 1: Biographical Poems and Creatures4 class periods | Students will be able to:* Express goals, values, and interests
* Effectively use verbal, non-verbal and non-linguistic communication skills
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| Unit 2: Friendship Chain3 class periods | Students will be able to:  * Communicate to positively develop verbal and non-verbal methods of interaction.
* Apply the decision making process in a logical, sequential manner.
* Determine the qualities that make a worthwhile friend.
* Express positive feelings toward another person and build class unity.
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| Unit 3: Refusal Skills2 class periods | Students will be able to:* Define the terms ‘peer’ and ‘peer pressure.’
* Analyze the positive and negative aspects of peer pressure and develop ways to assert individual choice within the peer group structure.
* Evaluate a situation involving negative peer pressure.
* Differentiate among passive, assertive and aggressive responses to peer pressure.
* Integrate assertiveness and refusal skills to mitigate negative peer pressure.
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| Unit 4: “I” Statements2 class periods | Students will be able to:  * Know the four steps of the “I” statement process.
* Understand how to avoid/resolve conflicts by focusing on specific actions versus personal attacks.
* Write and demonstrate “I” statements.
* Turn “You” statements to “I” statements.
* Mitigate conflict
* Express what is needed from another individual
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| Unit 5: Decision Making Process4 class periods | Student will be able to:* Identify a problem
* Brainstorm alternatives
* Use process of elimination
* Prioritize
* Evaluate positive and negative consequences
* Weigh risk
* Identify values
* Reflect on past decisions and action plans
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| Unit 6: Nutrition and Wellness15 class periods | Students will be able to:* Understand the elements of good nutrition to plan appropriate diets for themselves and others.
* Know and use the appropriate tools and technologies for safe and healthy food preparation.
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